

title Hypertension

subject Cardiology

type of activity Audit

date started date completed hours

Appraisal category

01/09/2002

01/09/2002

12

Good Clinical Care

Background to Activity

Review of hypertension management

1. A continuation from last years PDP, plus a part of new contract, practice purchased 24 hour ambulatory BP machine
Own personal interest in becoming a GPSIE in cardiology

What did you do?

Audit of hypertension in practice

Arranged meeting with Hypertension specialist from Addenbrookes
Partners and nurses to attend

What did you Learn?

Surprise surprise we are not as good as we think we are!

Significant proportion of patients have inadequate bp control

Arrange meeting with local hypertension specialist

See attached learning sheet detailing this learning activity and summary of audit

Devised protocol of use of ABPM machine in practice + practice protocol for hypertension on discussion with nurses and partners.

- " To be used to diagnose all new hypertensives
- " Monitor unresponsive hypertensives
- " Review all diabetics
- " Nursing team empowered to run this protocol themselves before returning patient to Doctor

Attached files:



hypertension.doc